

Specialised Dermalogica facials

Face Mapping@ skin analysis (5-10mins) (No Charge)

Truly understanding your skin is the first step towards a lifetime of skin health, our Face Mapping@ skin analysis takes all the guess work out of getting results. Not only will our Dermalogica skin therapist diagnose your skin concerns, we will prescribe a no nonsense home care and treatment regime to deliver your optimum skin health in your 14 unique zones.

When: Before selecting the right Dermalogica@ products and treatment for your skin.

Dermalogica@ express facial (30 min) 330

Dermalogica@ classic facial (60 min) 530

Professional double cleansing, exfoliation, mask, massage, toner, moisturiser and solar defence. When: Monthly

Advanced Dermalogica@ skin treatment (90 min) 530 – 850

A truly customised skin treatment using advanced ingredients in powerful product formulations with technology to cater for every skin concern in every zone. Your therapist will tailor make your treatment according to the results of your Face Mapping@ skin analysis. When: Monthly

IMPACT

IMPACT - as a real alternative to surgical liposuction. The most effective solution for applying body treatments. A single treatment can reduce localized fat, reduce cellulite and reaffirm the skin.

Electroporation and Cavitation – R380 per 15 min

Stomach (15 - 30 min)

Buttocks (15 - 30 min)

Saddlebags (15 - 30 min)

Inner thighs (15 - 30 min)

Knees (15 min)

Love handles (15 min)

Impact courses (Price includes 1st 30 min maintenance free)

11 x 15 min sessions R3800

11 x 30 min sessions R7600

RégimA

The most advanced medically accepted skin care programme created to attack the ageing free radicals and toxins associated with modern living.

RégimA Instant radiance luminosity treatment 470

RégimA Rapid rejuvenation skin peel 500

RégimA Pro acne peel 500

RégimA 30% power peel 590

RégimA 50% power peel 690

BT Therapeutic

Technology makes the difference. Non-evasive, no down time!

LED Light Therapy

Bio-Synthesis™ light activated rejuvenation services reveal glowing radiant skin. A complex interaction of red, yellow, green and blue light helps elasticity, reduces acne breakouts and minimises the appearance of fine lines and wrinkles.

BT Acne Synthesis 380

BT Bio-Synthesis™ LED Light 550

BT Bio-Synthesis™ LED Light add-on 380

9 x BT Acne Synthesis 2660

9 x BT Bio-Synthesis™ LED Light 3950

Microcurrent

BT Bio Ultimate Platinum@ Microcurrent services offers the ultimate option in facial rejuvenation. Microcurrent services improves skin tone, elasticity, reduces the appearance of fine lines and wrinkles and offers intense hydration.

BT Cocktail Lift 440

BT Cocktail add-on 330

9 x Microcurrent 3000

Bo-Synthesis™ & Microcurrent 880

9 x Bio-Synthesis™ & Microcurrent 6160

(Above treatments include complimentary microcurrent exfoliation and hydration reading)

BT Reju Hand treatment 170

Please refer to the website for more details and contra-indications. www.bio-therapeutic.co.za

WAXING FOR HER

Hot wax option (add R110 per treatment)

Epilfree

Full leg 250 1100

Half leg 210 800

3/4 leg 225 1000

Bikini 165 500

Brazilian 220 800

G string 210 800

Hollywood 290 1000

Underarm 95 400

Full arm 220 800

Half arm 160 500

Back 220 1000

Stomach 135 540

Chest 115 500

Full face 250 700

Lip 70 200

Brow 100 300

Chin 70 300

Ears 70 400

Nose 70 250

WAXING FOR HIM

Chest 240 1400

Back 280 1600

Full leg 300 1700

Stomach 220 1300

Epilfree hair removal – Enhance your waxing routine with

Epilfree and get lasting laser-like results. Whether you are an avid waxer or not, you can get the benefits of smooth hairless skin with our unique Epilfree treatment. Results in 3 easy steps. No machines and no lasers.

menu of services

nail+body lab

inspire + beauty + decor

tel (011) 786 3222
shop 19 blubird shopping centre
birnam
www.naillab.co.za

trading hours:
mon: 8h00 -17h00
tues - fri: 8h00 -18h00
sat: 8h00 - 15h00
sun: 9h00 - 14h00

Stock up on the following product ranges at Nail+Body Lab:

BT Biotherapeutic
Dermalogica@
Dermaheal
Lamelle
Nimue
Essie
Essie Gel Couture
OPI
NSI
Nailtiques

MEDIHEEL
RapidLash™
RégimA
Mama Mio
Sunless spray tan
Shellac
Seche ViteBio-sculpture
Fitflops
Gelish
Ruby Yaya Kaffans

Range of stylish UPF 50 sunhats for men and women.
Homeware, gifts and candles.

Gift vouchers available.

NAIL TECHNOLOGY *(All systems are offered in Acryli and Gel)*

Full set natural/french tips	460
Full set french (natural tips with gel/acrylic)	480
Full set with Gelish polish	600
Full set with Shellac polish	620
Coloured/natural overlay	370
Coloured/natural gel toes	370
French gel hands/toes overlay	400
Fill	270
Back french fill	330
Fill & polish	300
Fill & polish french	320
Nail repair (per nail tip)	45
Nail repair (per nail overlay natural)	45
Nail repair (per nail overlay french)	45
Soak off only (per 1/2 hour)	90
Polish (Artificial)	40
Polish french (Artificial)	65
Buff & polish (Artificial)	180
Buff & French polish	200
Buff & shine	160
Buff & glaze	170

MASSAGE

Aromatherapy full body (60 min)	480
Back & neck (60 min)	460
Back & neck (45 min)	410
Back & neck (30 min)	350
Indian head (30 min)	310
Indian head (45 min)	340
Foot massage (30 min)	275
Hot stone therapy (30 min)	380
Hot stone therapy (60 min)	550
Hot stone therapy (45 min)	420
Foot stone therapy (30 min)	320

HANDS

	Vinyl/Cout	Gelish	Shellac
File & Shape	90		
Polish colour	110	130	270 285
Polish french	135	155	290 310
File & paint	170	190	270 285
File & french paint	190	210	290 310
Express manicure (30 mins) <i>Soak, clean cuticles, file & paint</i>	235	255	360 375
Express manicure with french finish	250	270	380 395
Full pamper manicure (45 mins) <i>Soak, clean cuticles, exfoliation, massage, file & paint</i>	275	295	400 425
Manicure with french finish	290	310	430 445
Manicure no polish (30 mins)	215		
Soak off only	80		
Soak off with treatment	60		
Paraffin hydration wrap	95		
Kids paint	35		
Baby gems (per stone)	10		

TINTING

Eyelashes	135
Eyebrows	110
Eyelash & brow	210

EYELASH EXTENSION

Full eyelash extension	750
Partial eyelash extension	600
Eyelash fill (2 weeks)	300
Eyelash fill (3 weeks)	450
Eyelash removal	150
Keratin eyelash lift	580

PROFESSIONAL MAKE-UP ARTIST BY APPOINTMENT

FEET

	Vinyl/Cout	Gelish	Shellac
File & Shape	100		
Polish colour	120	140	270 285
Polish french	145	165	290 310
File & paint	170	190	270 285
File & french paint	190	210	290 310
Express pedicure (30 mins) <i>Soak, clean cuticles, file & paint</i>	255	275	390 420
Express pedicure with french finish	275	295	430 435
Full pamper pedicure (45 mins) <i>Soak, clean cuticles, exfoliation, massage, file & paint</i>	295	315	420 440
Pedicure with french finish	315	335	435 455
Pedicure no polish (30 mins)	260		
Soak off only	80		
Soak off with treatment	60		
Paraffin hydration wrap	95		
Kids paint	35		

MEDIHEEL PEDICURE (60 mins)

A luxurious pedicure treatment using MEDIHEELS' signature chemical peel, AHA exfoliation with nail and cuticle care. A refreshing tea tree and eucalyptus foot soak is followed by a decadent foot massage. Feet are left gorgeously soft and shimmering with gold spritz to conclude this luxurious pedicure.

Colour 440	French 460
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SPRAY TANNING

Full body spray (including face)	360
Upper body (including face)	250
Full legs	200
Face, neck, shoulders & arms	170
5 x Sessions (full body)	1650
10 x Sessions (full body)	3200

HAIR

Wash & blowdry	195
Wash & curl	210
Kiddies wash & blowdry (under 10) <i>(Full price Fri-Sun)</i>	145
Braiding (Adult per braid)	50
Braiding (Child per braid)	30

Book our senior hair stylists,

Karen Susman
082 444 5407

Franca Adriano
083 275 1259

for all your colour, cuts,
hair treatments and more.

We've gotta have a few Ts & Cs

- We're a popular spot so booking in advance is recommended.
- Late arrivals will result in a reduction of treatment time while the full treatment fee will apply.
- All of our tools and equipment are thoroughly sanitised, however we recommend that clients purchase their own nail files to promote hygiene and cleanliness.
- Right of admission reserved, and we have to say no to pets, sorry!
- No eating in store – save that snack for later please.
- Regret no cheques.
- Price subject to change without prior notice.

Please note:

8 hours notice is required for cancellations & rescheduling, after which 100% of the full treatment will be charged.